



## **Summer Challenge Throwdown 2020 RULEBOOK**

To participate in any stage of Summer Challenge Throwdown, every athlete must agree to any and all Rules and Policies, including, without limitation, the Assumption of Risk, Publicity Release, Waiver & Consent form, all of which are incorporated herein by reference, and to the decisions of the Summer Challenge Throwdown which are final and binding in all respects. The Individual Online Qualifiers for the Summer Challenge Throwdown will consist one qualification workout that will be released on the official Summer Challenge Throwdown website <http://www.summerchallenge.sk>, Summer Challenge Throwdown facebook fun page and on the website of our partner [www.isturdy.com](http://www.isturdy.com). All athletes need to perform their qualifiers under a CrossFit Box, CrossFit Gym, Crossgym or Garage gym and submit their videos and score online and to their profile on [www.isturdy.com](http://www.isturdy.com). All videos will be examined by Summer Challenge Throwdown Judge Team.

### **Registration**

Registration for the online qualifiers will open on **03/02/2020, 08:00 am** (Slovak local time) and will remain open until **08/05/2020, 11.59 pm** (Slovak local time). All personal information must be entered for each athlete separately. Please ensure the correct contact email address is entered for each athlete as this will be our main form of communication! Please double check that it's correct if you're entering on behalf of someone else! Once the workouts have been released, athletes will not be able to change from one category to another.

### **Competition categories (registration fee)**

#### **RX:**

- RX Men (17€)
- RX Women (17€)
- Rx Master Men 35+ (17€)

#### **SPORT:**

- Sport Men (17€)
- Sport Women (17€)
- Sport Master Men 35+ (17€)
- Sport Mix couples (34€)

**Only one registration is possible per category. The registration fee is not refunded.**

- In case a category has less than 5 registrations, Summer Challenge Throwdown has the right to cancel that category. In such a case, all registered athletes will be refunded. Summer Challenge Throwdown has also the right to merge two categories of the same sex in case of insufficient participants. For example, male 18+RX and male 35+RX. In such a case, registered athletes will not be refunded.
- At the end of the online qualifiers a total of top 120 individual athletes and 20 SPORT Mix couples will be advanced to the finals. Maximum capacity of the competition is 160 athletes.
- **Important notice:** The winners 3 scaled men and top 3 scaled women from Summer Challenge Throwdown 2020 finals will be obligatory promoted to elite category!



## Dates

- Registration for both individual and mix couple online qualifiers will open on Friday **3rd of February 2020 at 8:00 am** (Slovak local time) and will remain open until **8th of May 2020, 11:59 pm** (Slovak local time).
- In individual event, there will be 1 qualification workout which will be announced on **27th of April 2020, 08:00 am** (Slovak local time). All athletes must submit their scores until **10th of May 2020, 11:59 pm** (Slovak local time). Athletes can complete the workout as many times as they wish and submit their score on their profile on <http://www.isturdy.com>
- Once the deadline of the qualification workout is over, an athlete will not be able to adjust or re-submit any score for these workout.
- The 120 best individual athletes and 20 Sport Mix couples will be invited in Nové Zámky, Slovakia for the finals on **20th of June 2020**.
- Finals' dates breakdown: **20th of June 2020** finals for all categories

## Validating Workouts

- All individual athletes need to perform their qualifiers under a CrossFit Box, CrossFit Gym, Crossgym or Garage gym and submit their videos online. All videos will be examined by Summer Challenge Throwdown Judge Team. Videos should be uploaded to a video hosting site like YouTube and Vimeo under public privacy settings. The public link to that video is then submitted with their score. Be careful, all videos must have public privacy settings!
- Athletes must follow all the guidelines of Qualifier Video provided by Summer Challenge Throwdown Team.
- It is the sole responsibility of the Athlete to ensure the timely and successful submission of their workout. Submissions that are incomplete or not working will not be accepted.
- Summer Challenge Throwdown Judge Team has the right to approve or reject any video submitted by any athlete without warning.
- The final validation of all scores will be done by Summer Challenge Throwdown Judge Team.

## Scoring

- Summer Challenge Throwdown website will have the only official Leaderboard for both the Online qualifiers and Finals with cooperation with <http://www.isturdy.com>
- In finals of **20th of June 2020**, all athletes begin with zero (0) points. In final workouts, points from previous finals' workouts will be recalculated based on athletes ranking.

## Advancement

- At the end of the individual online qualifiers a total of top 120 athletes and 20 Sport Mix couples will be advanced to the finals. So all together 160 athletes are the maximum capacity of Summer Challenge Throwdown 2020.
- Qualified Athletes will have until TBA to declare whether they accept their place and purchase their competitor ticket to compete in the finals. If the athlete does not declare and purchase within this time, his/her place at the finals will be offered up to the next athlete in line.
- Wild cards will be given only for very important reasons and on main organizer decision.
- The Summer Challenge Throwdown Judge Team has final authority on all Athlete Event Protest rulings.



- Video, photos, cell phone media or any other media will NOT constitute grounds for changing or modifying a decision, score or entry made by an Event Judge. The Summer Challenge Throwdown Judge Team may ask for any related media, but its availability may or may not guarantee use or admissibility in the overall decision process.
- Nothing in these rules including Event Protests, Scoring Discrepancies and Event Movement Standards, Range of Motion Judging applications should be read as a limitation on Summer Challenge Throwdown right to run or operate any Summer Challenge Throwdown supported, sanctioned or sponsored Event as it sees fit in its sole and absolute discretion and the Summer Challenge Throwdown Judge Team and The Summer Challenge Throwdown say is final. This includes the right to remove or disqualify any Athlete at the Summer Challenge Throwdown sole and absolute discretion, and he/she will not be allowed to ask for a refund or compensation.

#### **Tiebreaking policy**

In case of a tie between two or more athletes during the event, the following tiebreaking policy applies:

- **Step 1:** Summer Challenge Throwdown first considers which athlete won most of the workouts. The one with the most workouts won, is the winner of the tie. If there is still a tie between the athletes, then we proceed to Step 2.
- **Step 2:** Summer Challenge Throwdown examines which athlete ranked at 1st place more often. The one with the most 1st place rankings, is the winner of the tie. If there is still a tie, then we proceed to Step 3.
- **Step 3:** Summer Challenge Throwdown examines how many times each athlete ranked 2nd to break the tie. The one with the most 2nd place rankings, is the winner of the tie. If there is still a tie, then we proceed to 3rd position, 4th etc.

#### **Drug policy**

- Athletes disqualified from CrossFit Games, for performance-enhancing drugs usage, are not allowed to take part in Summer Challenge Throwdown as long as their ban applies.
- In addition to this, Summer Challenge Throwdown has the right to cooperate with international anti-doping organizations if requested. Athletes taking part in the event will have to cooperate on their behalf and take part in drug-testing programs if requested. If an athlete evades, refuses or fails to submit to a drug test, then Summer Challenge Throwdown has the right to ban him/her from the event and he/she will not be allowed to ask for a refund or compensation.



## Finals

Athletes and teams who, on the basis of their online qualifying performance, advance to the finals of the contest, which will be held on 20th of June 2020, will complete a given number of workouts at the venue within one day.

The Summer Challenge Throwdown 2020 Leaderboard will be live for the duration of the qualifying and final workouts and the results will be continuously updated. At the end of the qualification and final workouts, the athletes receive overall ranking. The official registration, qualification and leaderboard manager is [www.isturdy.com](http://www.isturdy.com).

### Maximum capacity of athletes to advance to the final round in each category:

20 RX Men

20 RX Women

20 RX Masters Men 35+

20 SPORT Men

20 SPORT Women

20 SPORT Masters Men 35+

20 SPORT Pair - 1 Man + 1 Woman

In the event that some categories are canceled due to non-fulfillment of the given number, busier categories will be expanded.

### Starting fee for each category:

#### RX Category:

- RX Men - 40 €
- RX Women - 40 €
- Rx Master Men 35+ - 40 €

#### SPORT Category:

- Sport Men - 40 €
- Sport Women - 40 €
- Sport Master Men 35+ - 40 €
- Sport Mix pair - 80 €

What is included in the Athletes Fee as a bonus:

- 1x entry for his accompanist worth 9€
- Starting bag from sponsors and partners
- Drinking regime
- Competition merch like T-shirts
- Free wifi
- Free stands for charging phones
- Changing rooms and showers



## Prizes

A total cash prize of 3100€ will be given to the winners of Summer Challenge Throwdown 2020 RX category! In addition to this, more than 1.500€ will be given in sponsors' gifts. Specifically:

### **RX Men**

1st place: 700€, 2nd place: 300€, 3rd place: 150€

### **RX Women**

1st place: 700€, 2nd place: 300€, 3rd place: 150€

### **RX Masters Men 35+**

1st place: 500€, 2nd place: 200€, 3rd place: 100€

### **SPORT Men**

1st place: Gifts, 2nd place: Gifts, 3rd place: Gifts

### **SPORT Women**

1st place: Gifts, 2nd place: Gifts, 3rd place: Gifts

### **SPORT Masters Men 35+**

1st place: Gifts, 2nd place: Gifts, 3rd place: Gifts

### **SPORT Mix Couples**

1st place: Gifts, 2nd place: Gifts, 3rd place: Gifts

- All prizes are subject to applicable taxes and withholding and prize winner's compliance with an agreement to Summer Challenge's prize affidavit.
- Additional prizes may be presented by partners, sponsors or selected vendors and all such prizes are subject to applicable taxes and withholding and compliance with an agreement to Summer Challenge's prize affidavit.
- All physical prizes must be collected by the winning athlete and team at the event. If prizes need to be shipped after the event, the athlete and team may be subject to charges for shipping.